

Angela Treat Lyon



EFT Biz Expert Angela Treat Lyon EFTBooks.com

The images in this ebook are all images people have emailed me. Most of them I have no clue where they are from, but where possible, I have noted credits. If there is an image used here that was done by you or someone you know, please contact me so I can add credits—thanks! I so appreciate the photographers' contribution to the success of the people who read this book.

This ebook is *absolutely NOT for sale* under any circumstances—if anyone tries to sell it to you or if you unknowingly bought it, get your money back. It is to be given away ONLY! Yes, you do feel free to share it around. May you always succeed past your wildest dreams!

This book compiled, designed and created for your inspiration by

Angela Treat Lyon

Published by
Out Front Productions, LLC
Kailua, Hawaii

Discover the Key: EFT EFTinEveryHome.com

cover image: from PIGEES.com

How Do You Tap into Your Power and Create Success?

Maybe you don't know this: your body's electrical system holds more potential power than the sun. What??? Yup. But no one ever taught us how to access that power or how to use it. If anything, we were trained from the get-go to be afraid, to hang back, to 'be nice', not speak out—don't be loud, don't run around, don't have fun....

Now, as adults, our power is so mixed up and confused and tangled up it sometimes seems like a miracle we can get through the day.

What if you could untangle and access your power and use it?

You can. Stick with me here because I'm going to show you something you may not have ever heard about before. I am going to show you how to release the power in your body.

You're going to speak certain phrases out loud as you tap on a few specific points on your body. The points are just like wall-sockets—you can tap on them and it's just like getting plugged in. No kidding.

In this ebook, I used images to illustrate the way many new business owners feel when it comes to selling, marketing and other issues having to do with business. Then I added tapping phrases to help get through those fears, and create power and success instead.

Why business-related tapping? Because there are so many people giving it a go as entrepreneurs who have had no training in business or marketing. If you're one of those people, maybe you've experienced the fears I outline and then help you resolve right here in this ebook.

Find out more about how to use EFT, the Emotional Freedom Techniques: FREE demo at EFTinEveryHome.com.

Continue using EFT for headaches, back aches, bad dreams, addiction, chronic illness, PTSD and fears of all kinds. Use it to unleash your power in sports and dance, artistic endeavors, and business, financial and relationship success.

Unleash and use your power—just by untangling your feelings and thoughts. Awesome.

My best aloha to you - *Angela Treat Lyon*

Now we're going to start tapping....

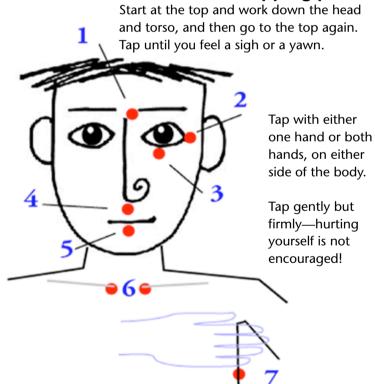


This is the Karate Chop point.

Tap on it gently but firmly as you say what's wrong, what's troubling you, or what you don't like about your life. Don't worry, you're not 'implanting' anything negative, you're just saying it like it is for you at this moment.

Then you acknowledge that you do like yourself despite what's going on, and then you make a new choice. You'll see when you read the phrases under the images.

These are the tapping points.





Even though I feel clumsy and ridiculous when I try to market my work

I want to love and accept myself

And I choose to learn how to do it right



Even though I've always thought of marketing and selling as an exercise in tawdry illusions and a lot of bogus hype

I love and profoundly accept myself

And I choose to stick to my integrity and create only the best business, products and services I can so I can feel authentic and sincere when I tell people about them



Even though sometimes the distance between me and my clients seems so utterly huge and discouraging I wonder if I'll ever have anyone to work with

I do love and deeply accept myself

And I choose to build a clear path of love, respect, service and communication so people can find me and take advantage of what I can do for them



Even though my previous attempts at marketing and selling my work has gone over like a lead balloon

I love and profoundly accept myself

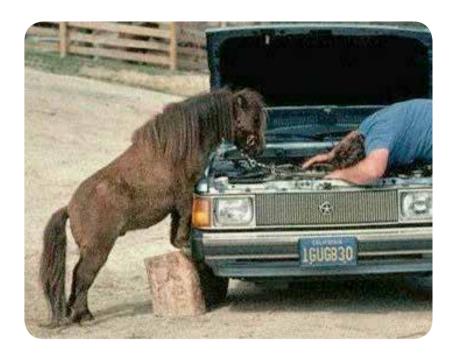
And I choose to stay connected to my heart and stay light



Even though I'm accustomed to thinking of marketing as someone trying to make people buy something they don't even want, rather than serving or providing what they already want

I love and profoundly believe in myself

And I choose to listen to my clients and my market to find out what they want and how I can serve them, rather than push stuff on them



Even though I've been about as adept at selling my work as this a horse mechanic

I love and profoundly accept myself

And I choose to find simple sales principles that I can feel comfortable using so I really *can* contact, contribute to and help my clients



Even though selling my work has been heavy and ponderous and I just can't do it all by myself anymore

I love and deeply accept myself

And I choose to delegate where ever I can



Even though I've been carrying the load all by myself and haven't been able to afford outside help

I love and profoundly honor myself

And I understand that if I do keep trying to do it all by myself I'll end up as ineffective, broke and broken as I feel right now, so...

I choose to allow a new way, even if I have no idea what that is right now

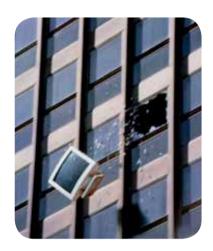


pestpicsaround.com

Even though the response I've gotten from my market has been less than warm

I love and profoundly respect myself

And I choose to find out what they are passionate about and will pay for, create that, and get it to them as fast and with as good quality as I possibly can



Even though the technology learning curve has been way over my head and I could scream my guts out

I love and profoundly believe in myself

And I choose to learn the basics so I can at least communicate what I want done...

...and I also commit to keep plugging along little-bit, little-bit, and letting my Virtual Assistants take over what I'm not great at so I can do my Genius



Even though I'm terrified about getting Out There and Being Seen

I still love and accept myself

And I choose to do it anyway, knowing my mentors and coaches will be there for me



Even though my friends and family and everyone else who knows me say I'm crazy to go for the entrepreneur path

I love and profoundly accept myself

And I choose to do it anyway because just the thought of it makes my heart sing!



Even though "they say" the path has many perils and I should keep my day job

I love and profoundly trust myself

And I choose to be free, paddle like crazy and focus on my destination instead of my fears and doubts



Even though It's been the worst until now

I love and profoundly accept myself

And I choose to laugh and have a lot more fun this time



Even though real prosperity and profits and financial freedom have seemed like an impossible dream

I love and profoundly accept and nurture my dreams

And I choose to take as many steps as I can towards my ultimate goals and dreams, every day, every day, every day.



Even though my previous attempts at selling my work fell flat

I love and laugh with myself

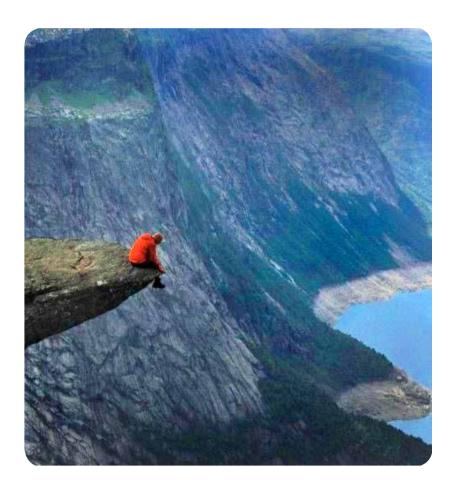
And I choose to find people to show me how to do it simply and easily so I can build the success I want



Even though success seems like a dream

I love my color-rich dreams

And I choose to create it exactly the way I want it to be



Even though I'm afraid I'll be all alone when I get to the top

I love and delight in myself

And I choose to invite my best buddies to join me on the ride up and to teach others to get there, too



Even though I'm afraid of failing

I completely love and trust myself

And I choose to keep going and trust in myself, my vision and my inner strength



Even though I'm afraid my passion burns too hot for most people

I love and profoundly respect myself

And I choose to only work with the people who love and want what I can do for them



Even though it seems scary to take my business online

I deeply accept myself and my efforts

And I choose to stay focused and totally believe in myself, even if I fall 100 times before reaching my goals



Even though the world has sometimes crashed around me and I have felt so alone

I love and profoundly trust myself

And I choose to respect and savor the amazing strength and power within me that makes me be able to do things others are afraid of



Even though I've been conditioned for fear I love and deeply honor myself

And I choose to take control of my own business and marketing right now



Even though I'm afraid they'll laugh at me for trying

I love and deeply believe in myself

And I choose to try anyway and leave them in their own dust



Even though I've never known which way to go or where get help

I love and listen to my intuition

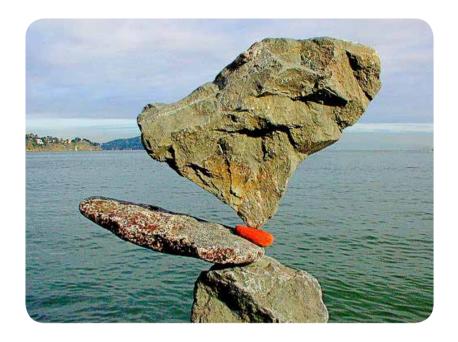
And I choose to get the best, most unique business support at **EFTBooks.com**



Even though sometimes I trudge through life never even seeing the beauty

I love and adore my life

And I choose to see the daily miracle right before my eyes



Even though life seems like a precarious, scary balancing act and waaaaaaaay too dangerous for me

I delight in myself and my creations

And I choose to live artfully where ever I am and whatever I do, and enjoy every second of it



Even though sometimes it looks like it's going to be so hard and I might get hurt

I love and profoundly delight in myself

And I choose to create paradise right here on earth in my life and yours



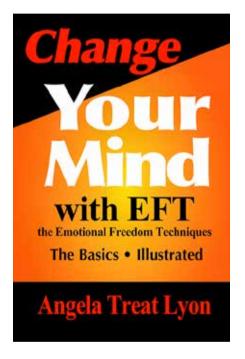
Even though sometimes I'm terrified of the intensity and possible dangers I imagine

I choose to go with the flow and enjoy riding the rush with my buddies

BECAUSE I deeply, completely and profoundly love, respect, accept, honor and believe in myself, my power, my dreams and my success

Go for it!

My best aloha to you, your health, Dreams, success, happiness, and prosperity!



Angola Treat you

Angela Treat Lyon

Get Change Your Mind! with EFT and a whole bunch of other tapping books and audios at EFTBooks.com

You'll also want to know about **Centerpointe** Healing Sound—I've used it extensively and can say personally that it works great.